

The number of patients in the prefecture has been increasing daily. It is expected that the orders to refrain from going out will continue in the foreseeable future.

The novel coronavirus often develops within about 5 days after exposure and it is said that ten days after symptoms first appear the virus load will decrease. Hence, the importance of self-quarantine for 2 weeks.

During this time act cautiously and be aware of those around you in case you may be infected. Even if you are infected yourself you can prevent the virus from spreading in society by washing your hands and self-quarantine.

Precautions for people with chronic illness

Responses will vary depending on the medical institution, but it is important to contact your primary care doctor and seek assistance.

Even if you do not physically go to the hospital, there is a possibility to be diagnosed over the phone and you may be prescribed medication.

Chairman Yutaka Hiraizumi

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